

# Got Health! Employee Well Being Package for Chamber members.

This package is available to all employees of any Chamber member business as a group or individually.

**Healthy Body:** Monthly health trainings provided at your business (or ours, if preferred). Initial Inbody composition free and 25% discount on all classes and personal health and nutrition coaching. Monthly menus and recipes provided.

**Healthy Mind:** 50% discount on the Professional Development Mind Mastery trainings which includes a monthly book and/or audio with in-person or on-line power discussions. 25% off yoga classes.

**Healthy Finances:** Monthly financial trainings provided in-house. Initial financial needs analysis and game plan free for all employees; 50% discount on all financial fitness trainings and a financial LIVEBinder to guide you in keeping your financial information organized.

Contact us at the Got Health! Well Being Center to enjoy this special well-being benefit package designed specifically for Chamber member businesses.

525 W. 465 N. #130 in Providence, UT 84321 | (435)535-3544



Health & Happiness Wellness Center  
Your Slight Edge Advantage Mastery Center  
Healthy Body ~ Healthy Mind ~ Healthy Finances